Position	Lowest Safe Altitude	Altitude (FL or ALT)	True Airspeed	Track Magnetic	Wind (from NAIPS)	Heading (Magnetic)	Ground Speed	Distance	Estimated Time Interval	Estimated Elapsed Time	Planned Estimate	Reserve Estimate	Actual time Arrival/Departure

Fuel Calculation	Minutes	Litres/ kg	Minutes	Litres/ kg	Minutes	Litres/ kg
Climb						
Cruise						
Alternate						
Sub Total						
Variable Reserve						
Fixed Reserve						
Holding						
Taxi						
Fuel Required						
Fuel Margin						
Endurance						
From						

Pilot Notes

CALL SIGN

Phone / Fax

Fuel Burn	Left	Right	ALA Info	ALA info
			NAME	NAME
			ELEV	ELEV
			RWY	RWY
			FREQ	FREQ

Compass Align to DG & double check heading
Log 10 mile estimates (20-30 miles)
Engine Check Temps & Pressures – Lean?
Altitude Check height
Radio Broadcast – set next frequency
Orientation Check direction is correct
Fuel Check fuel quantities
Forced Landing Situational awareness

ATIS

Runway	
Wind	° kts
Xwind	
Vis	
Cloud	
Temp	°
QNH	

ATIS

Runway	
Wind	° kts
Xwind	
Vis	
Cloud	
Temp	°
QNH	

NORTH QUEENSLAND AEROCLUB